

PSYCHOLOGY 10, Lec 1
INTRODUCTORY PSYCHOLOGY
(Course ID # 328-056-200)
FALL 2009

Lectures: Tuesday, Thursday, 2:00 – 3:50 p.m., 1178 Franz Hall

Description of the Course:

General introduction to the science of psychology, including topics in experimental, cognitive, developmental, personality, social, and clinical psychology; six hours of psychological research.

Website: <http://courses.psych.ucla.edu/>

Instructor

Prof. Carlos Grijalva Office hours: Tues. and Thurs. 11:00a.m. -12:00 noon,
and by appointment
Office: 8641 Franz Hall
Phone: 825-8277
Email: grijalva@psych.ucla.edu

Graduate Teaching Assistant

Samantha Simmons Office hours: Mon. and Wed. 2:00 – 3:00 p.m.
Office: 2327 Franz Hall
Email: sjsimmons@ucla.edu

Getting the Most Out of the Class:

Come to class prepared! In order to get the most out of the class I strongly recommend that you do your reading from the book before each lecture. I will be posting my lecture slides in PDF format on the course webpage under "Course Materials" for you to view or download. We highly recommend that you print the lecture slides and bring your copy to class. This way you will be able to follow the lecture and make additional notes on the copies. Also, if you are confused about any of the material please feel free to ask questions in class or visit us during office hours.

Regular attendance is highly encouraged!! (Although lecture slides will be posted before each lecture, this is NOT an on-line course)

Required Book

D.G. Myers, Psychology: Myers in Modules 8th edition. Worth Publishers: NY, 2007.

Exams and Grading

There will be three exams, two during the quarter and the third during finals week. The exams will be non-cumulative, covering both the lectures and the assigned textbook material. Each exam will consist of 60 multiple choice questions (1 point each). Your grade will be based on your total score on the three exams (180 points possible), graded on curve scale (most likely).

<p><u>Policies:</u> No early or late exams. Students who miss an exam will get a zero on that exam unless they present a written medical excuse signed by a doctor. Unless pre-approved by the instructor, schedule conflicts, transportation problems, etc., are not valid excuses.</p>
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Cheating

Don't do it! The penalties can be very harsh, the gain small. Don't believe it when you hear that "everyone does it." (You generally don't hear of the punishments because they are kept confidential.) If you are caught cheating in an exam, either helping someone else or being helped, you will receive no points on that exam. (Such a score may cause you to fail the course.) You will be reported to the Dean of Students, who will be encouraged to take strong action. Past examples of penalties include loss of an entire term of credit and suspension for several terms. If you plan to apply to graduate or professional school, such a blemish on your record may be a major obstacle to admission.

This quarter's exams will be completely fresh. Don't waste your money on old exams.

In our experience, students are happier when no one cheats.

Review Sessions

Prior to each exam we will conduct a review session on a date to be announced in class. These sessions are intended to provide students with an opportunity to ask questions related to the lecture or text in a less formal, more relaxed setting.

PSYCHOLOGY 10 RESEARCH REQUIREMENT INFORMATION

Students enrolled in Psych 10 are required to serve as psychological research subjects for a total of six hours or write three abstracts on articles from psychology journals. The online experiment scheduling system available at <http://ucla.sona-systems.com/> provides an easy method for you to sign up for research studies needed to fulfill your Psych 10 research requirement. Your interaction with the Psychology Department Subject Pool system will be minimal and hopefully as painless as possible. After you log in to the system, you can view a list of available studies and any restrictions, sign up for studies that interest you, and track your progress throughout the term.

You must be registered with the Psychology Department Subject Pool system BEFORE you participate in any experiments. Participating in an experiment before you are registered may result in you NOT receiving credit.

REQUESTING AN ACCOUNT

You will see a link on the front page of the site at <http://ucla.sona-systems.com/> to request an account. Click the link, and you will be required to provide some very basic information. Please use your nine digit university identification (UID) number as your username. It is imperative that you follow this because the UID is used by experimenters to give you credit. Shortly after, you will receive an email notification with your password. The email notification will include login instructions for the system. You will be assigned a password, which you can change after your first login.

LOGGING IN

Once you have your login information, go to the front page of the site and enter your user ID and password to login. Your login (also known as a session) will expire after a certain period of inactivity, usually 20 minutes. This is done for security purposes. If this happens, you can always log in again.

VIEWING AND SIGNING UP FOR STUDIES

To view a list of studies, click on Studies from top toolbar. You will see a list of studies. A brief description of each study will be listed, as well as any special requirements that may restrict your eligibility to participate in the study. Studies that have available participation times will have "TIMESLOTS AVAILABLE" listed next to the name of the study. If no studies have available timeslots, you may want to logon to the system a few days later to see if new timeslots have been added.

To sign up to participate in a study, find the study you would like to participate in. Click on the study name for more information. Once you have determined you meet all the requirements, click on View Timeslots for This Study. You will need to select courses you belong to in order to see a list of available timeslots. Choose a timeslot that is convenient for you, and click Sign Up. After you click

Sign Up, you will see information displayed confirming the time and location of the study you plan to participate in.

Experimenters for whose experiments you qualify based on your survey answers may wish to contact you directly. If you receive a call from an experimenter, and agree to participate in their experiment, make sure that either 1) you are given an authorization number to sign up for the experiment yourself, or 2) the experimenter signs you up for the experiment before it is run. Note that you must be registered with the Online Experiment Scheduling System before you can serve as a subject in any study!

ALLOCATING CREDITS TO PSYCH 10

Make sure you allocate your credits to the correct Psych 10 section when signing up for each experiment, so that the Credit Balance Report at the end of the quarter will reflect all your credits. If you are participating in experiments for more than one course and did not select all your courses when first logging in, please go to <http://ucla.sona-systems.com/> and select My Profile on the top toolbar. Once in the profile section, select the 'change courses' link and hold the Ctrl or Apple key to click for multiple courses.

PRETESTING

Students who participate in filling out Pretesting surveys during the first day of class are eligible to receive one credit toward the six credit research requirement. This credit will only be applied for those students who register with Experiment Management System by the second week of class.

PARTICIPATION DEADLINE

The last day to participate and receive credit for any experiments is **December 3rd (Thursday of 10th Week)**. ***IF you choose to participate in an experiment on December 3rd, you must make sure the experimenter gives you credit that evening before the site closes at midnight.***

WRITING JOURNAL ABSTRACTS

Another way that you may fulfill the research requirement for Psych 10 is by summarizing reports of psychological research. Completion of each abstract will give you two hours of research credit. Thus, three abstracts will fulfill the six hour research requirement. You may combine written abstracts with experiment participation. For example, you may choose to write one abstract (for two hours credit) and take part in four hours worth of experiments. At the end of the quarter, turn in your abstracts to your instructor in order to receive credit.

Procedure for writing abstracts:

1. Go to the College Library or the Biomedical Library to find Psychology Research (ask a Research Librarian for assistance). You may also find research articles online in APA Psychology journals:
<http://www.apa.org/journals/>
2. Find and read an article that interests you.

3. Write a one-page summary of the article. In your abstract, be sure to mention the central issue of the article, the research procedures used, and the results of the study you summarize. Be sure to provide a complete reference for the article, including the author, title, name of journal, publication date, and page number at the top of the abstract as in the following example:

Smith, B.J., & Jones, R.T. (1993). Mental illness and social support. *Psychological Science*, 207- 219.

Please direct all questions regarding the online scheduling system to Melina Dorian, System Administrator, 310-825-2730 or subjectpool@psych.ucla.edu.

Information about the research requirement and SONA instructions for undergraduate participation can also be found at:

<http://www.psych.ucla.edu/undergraduate/subject-pool-experiment-participation/sona-instructions-for-undergraduate-participants>

WEEKLY SCHEDULE OF LECTURES AND EXAMS
 (*m refers to modules)

Sept.	24	Th	Intro. to the history and science of psychology: m 1, 2, 3/ Pretesting for research requirement
	29	T	Intro. to the history and science of psychology: m 1, 2, 3
Oct	1	Th	Neuroscience & behavior: m 4 & 5
	6	T	Neuroscience & behavior: m 4 & 5
	8	Th	Nature and nurture: m 6 & 7
	13	T	The developing person: m 8, 9, 10
	15	Th	TBA
Oct	20	T	Exam 1: Modules 1-10
	22	Th	Sensation & perception: m 12, 13, 16, 17
	27	T	States of consciousness (Waking & Sleep): m 18
	29	Th	Learning: m 21, 22, 23
Nov	3	T	Memory: 24, 25, 26, 27, 28
	5	Th	Thinking, Language, & Intelligence: m 29, 30, 31, 32, 33
	10	T	Motivation: m 34, 35, 36, 43 (Obesity, pages 584-594)
	12	Th	Emotion: m 38, 39, 40; Stress and Health: m 41, 42
Nov	17	T	Exam 2: modules 12, 13, 16, 17, 18, 21-33, 34-36, 43 (pp. 584-594)
	19	Th	Personality: m 44, 45, 46
	24	T	Psychological disorders: 47, 48, 49, 50, 51
	26	Th	Thanksgiving (no class!)
Dec	1	T	Therapy: 52, 53, 54
	3	Th	Social psychology: 55, 56, 57, 58
Dec Finals Week	8	T	Exam 3: modules 38- 42, 44-58 3:00 p.m. – 5:00 p.m. (Franz 1178, regular lecture hall: Be on time!)